

NEWS RELEASE

FOR IMMEDIATE RELEASE: Monday, June 20, 2022

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COOLING ZONES – PLACES TO BEAT THE HEAT

City of Stockton Community Centers – June 21 – June 27

STOCKTON, Calif. – Extremely high temperatures are expected Tuesday through Monday, beginning this week. City of Stockton Community Centers will be open as cooling zones for those who need to escape the heat. Areas designated in each City of Stockton Community Center will be open during regular operational hours:

- 9:00 a.m. to 8:00 p.m., Tuesday Thursday, June 21 through June 23;
- 9:00 a.m. to 11:00 p.m., Friday, June 24;
- 9:00 a.m. to 5:00 p.m., Saturday, June 25;
- Closed Sunday, June 26; and
- 9:00 a.m. to 8:00 p.m., Monday, June 27.

To escape the heat, please join us at any of the following Community Centers:

- Arnold Rue Community Center 5758 Lorraine Ave., Stockton 95210
- Seifert Community Center 128 W. Benjamin Holt Dr., Stockton 95207
- Stribley Community Center 1760 E. Sonora St., Stockton 95205
- Van Buskirk Community Center 734 Houston Ave., Stockton 95206

Seating will be offered in an air-conditioned area and water will be provided. Face coverings are available at the door. Please bring books, games, and electronic devices

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that you and members of your household can enjoy while maintaining minimal activity level,

as sports courts and equipment are often in use for programmed, scheduled activities.

City pools are open for public swim for a fee of \$2 per person every day of the week,

except Monday. Visit the City of Stockton website for locations and hours at

www.stocktonca.gov/pools.

For a list of cooling zones throughout San Joaquin County, please visit the San

Joaquin County Office of Emergency Services website at www.sjready.org.

On days with high temperatures, please remember to take precautions. Stay

indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who

are sensitive to the negative impacts of heat, including elderly, children, those who are ill,

and pets. For other tips for dealing with extreme heat, including avoiding heat-related

illness, please visit www.stocktonca.gov/heat or www.ready.gov/heat.

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty

breathing or altered mental status, do not delay seeking care and contact 9-1-1.

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